

31st Annual Montrose Blueberry Festival 5 Mile Run & Walk Sunday, August 17, 2008 – 8:00 a.m.

Start Time: Run starts at 8:00 a.m.; Walk will have a delayed start from the runners.

Location: Registration and packet pickup will be in the Montrose Kuehn Haven Middle School gymnasium. Race start is on Ray St. The school address is 303 N. Ray St., Montrose, MI 48457. Check out the website for available parking areas, route map and how to get to the race.

Course: We are starting and finishing in front of the middle school. It will be all paved and pretty flat. The route will be posted on line.

Registration: Very Early registration must be postmarked by May 31, 2008. Early registration must be postmarked by July 31, 2008. Registration and packet pickup will be in the middle school gym on Friday, August 15th from noon until 9 p.m., on Saturday, August 16th from 9 am to 9 pm on Sunday, August 17th from 7:00 am – 7:45 am.

Entry Fee: \$10 w/o shirt or \$15 w/shirt postmarked by May 31, 2008
 \$12 w/o shirt or \$17 w/shirt postmarked between June 1, 2008 and July 31, 2008
 \$15 w/o shirt or \$20 w/shirt postmarked after August 1, 2008, at fitness expo and race morning.
 Shirts will not be guaranteed the day of the race if they are not ordered by August 9, 2008,
 You will be able to order them after August 9, 2008 and pick them up at a later date.

Door Prizes: There will be door prizes the day of the race. You must be present to win a door prize.

Facilities: There will be showers & restrooms available inside the middle school.

Other Activities: pancake breakfast after the race, arts & crafts, flea market, renaissance festival, new carnival. The festival runs all weekend! Come on out & have enjoy it! There is a camping area, email or call for more information.

Festival Theme: This year's blueberry festival has a "Pirates of the Caribbean" theme. I would like to encourage race participants and volunteers to dress to the theme. This could get very interesting.

Awards: Overall and masters and top three in each age group for both run & walk.
 The awards ceremony will be in the middle school gym once all the results are in. The awards will not be mailed. The awards will not be handed out ahead of the ceremony. Please arrange for your award to be picked up at the ceremony if you are unable to attend.

VOLUNTEERS NEEDED!! If you would like to volunteer for the race please contact Mandy at the contact information below. We can always use people out on the race route: traffic control, water station, or cheering on the runners & walkers!

For more information contact:
 Mandy Jo 810-449-8340 or mandy@blueberryrace.com or visit www.blueberryrace.com and **REGISTER ON-LINE!!!**
 Make checks payable to: Montrose Blueberry Festival
 Mail to Montrose Blueberry Festival, Road Race Registration, 257 N. Ray St., Montrose, MI 48457

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Montrose Blueberry Festival 5 Mile Road Race – August 17, 2008

PLEASE PRINT

<p>Last Name</p> <input style="width: 100%; height: 20px;" type="text"/>		<p>First Name</p> <input style="width: 100%; height: 20px;" type="text"/>	<p>MI</p> <input style="width: 20px; height: 20px;" type="text"/>
<p>Street Address</p> <input style="width: 100%; height: 20px;" type="text"/>		<p>City/Town</p> <input style="width: 100%; height: 20px;" type="text"/>	
<p>State</p> <input style="width: 20px; height: 20px;" type="text"/>	<p>Zip Code/Postal Code</p> <input style="width: 40px; height: 20px;" type="text"/>	<p>Phone Number</p> <input style="width: 60px; height: 20px;" type="text"/>	<p>Date of Birth</p> <input style="width: 40px; height: 20px;" type="text"/>
<p>T-Shirt Size</p> <input type="checkbox"/> NO <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL		<p>Sex</p> <input type="checkbox"/> M <input type="checkbox"/> F	<p>Age on Race Day</p> <input style="width: 20px; height: 20px;" type="text"/>
<p><input type="checkbox"/> RUN</p>		<p><input type="checkbox"/> WALK</p>	
<p>e-mail <input style="width: 50%; border: none;" type="text"/></p>			

\$1 extra

Waiver of Liability: I know that running is a potentially hazardous activity. I should not run unless I am medically able and properly trained. I assume all risks associated with participation in this event, including but not limited to falls, contact with other participants, and the effects of weather, traffic and road conditions, all such risks being known and accepted by me. In consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, do release and discharge the City of Montrose, Montrose Township, Montrose Blueberry Festival, Montrose Community Schools and all persons officially connected with the 5-mile Run/Walk from and against all damages or actions which might arise out of my traveling to, participating in, and returning from this event.

ATHLETE (OR PARENT, IF UNDER 18) MUST SIGN **DATE**