

# Registration Form

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address \_\_\_\_\_

City, State & Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Birth Date \_\_\_\_\_ Gender: Male Female

Chip Number: \_\_\_\_\_

Event	Before 1/1/09	On or before 1/31/09	Before 8/1/09	On or Before 8/16/09	Check One
Frozen 5K Run	\$10	\$12			
Frozen 5K Walk	\$10	\$12			
5 Mile Run			\$10	\$15	
5 Mile Walk			\$10	\$15	
Frozen 5K Run & 5 Mile Run	\$15	\$17			
Frozen 5K Run & 5 Mile Walk	\$15	\$17			
Frozen 5K Walk & 5 Mile Run	\$15	\$17			
Frozen 5K Walk & 5 Mile Walk	\$15	\$17			
Frozen 5K shirt—\$10 (circle one)	S	M	L	XL	XXL
5 Mile Drawstring Backpack—\$10				Qty	
				Total	

Waiver of Liability: I know that running is a potentially hazardous activity. I should not run unless I am medically able and properly trained. I assume all risks associated with participation in this event, including but not limited to falls, contact with other participants, and the effects of weather, traffic and road conditions, all such risks being known and accepted by me. In consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, do release and discharge the City of Montrose, Montrose Township, Montrose Blueberry Festival, Montrose Community Schools and all persons officially connected with the 5-mile Run/Walk from and against all damages or actions which might arise out of my traveling to, participating in, and returning from this event.

ATHLETE (OR PARENT, IF UNDER 18) MUST SIGN

DATE

## Montrose Blueberry Road Races

2nd Annual Frozen Blueberry  
5K

32nd Annual 5 Mile Road Race



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## Montrose Blueberry Festival Road Races for 2009!

### Frozen Blueberry 5K - January 31, 2009

Thank you to all those that made the 1st race a success. Come on out and join us for the 2nd annual Frozen Blueberry 5K

Start time: 10 a.m. for runners, 10:02 a.m. for walkers

Registration: online [www.blueberryrace.com](http://www.blueberryrace.com) or mail-in or morning of the race starting at 9 a.m.

Registration Location: Montrose Kuehn Haven Middle School cafeteria  
303 Ray St.  
Montrose, MI 48457

Course: We are starting and finishing on the road in front of the middle school. It will be all paved and pretty flat. The route will be posted on line.

Awards: Overall and Masters for runners & walkers; age group awards for both runners & walkers (12 & under, 13 - 15, 16 - 19, 20 - 24, 25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 - 64, 65 - 69, 70 - 74, 75 & up)

### Montrose Blueberry 5 Mile Road Race - August 16, 2009

Start time: 8 a.m. for runners, 8:02 a.m. for walkers

Registration: online [www.blueberryrace.com](http://www.blueberryrace.com) or mail-in or Saturday, August 15, 2009 3 p.m. to 7 p.m. morning of the race starting at 7 a.m.

Registration Location: Montrose Kuehn Haven Middle School gymnasium.  
303 Ray St.  
Montrose, MI 48457

Course: We are starting and finishing in front of the middle school. It will be all paved and pretty flat. The route will be posted on line.

Awards: Overall and Masters for runners & walkers; age group awards for both runners & walkers (12 & under, 13 - 15, 16 - 19, 20 - 24, 25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 - 64, 65 - 69, 70 - 74, 75 & up)

[www.blueberryrace.com](http://www.blueberryrace.com)

Register early to be included in a special drawing!

For the Frozen Blueberry, register before January 1st.

For the 5 mile road race, register before August 1st.

There will be other door prizes, but you must be present to win.

Volunteers needed!!!!

In order to make these races successful, we need all the volunteers we can get. We will have something for everyone to do. Our biggest need is for people along the route.

Sponsors needed!!!

We need financial sponsors. Financial sponsors enable us to donate more money to the community.

Shirts/drawstring back pack

Frozen Blueberry 5K: t-shirt, choose your size

5 Mile Road Race: drawstring backpack, you can order more than one!

How much does it cost?

Check out the pricing on the last page.

Who do I make my check out to?

Montrose Blueberry Festival

Where do I mail my check & registration form?

Montrose Blueberry Road Races

PO Box 316

Montrose, MI 48457

[www.blueberryrace.com](http://www.blueberryrace.com)

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